

I'm back!

Just a quick post to say, that thanks to WordPress' rewind process and their helpful, helpline my site is back to working order, with only two posts missing, which I can soon re-do.

I will continue to post as much as I can, however I am working on tidying this site up and also biggest news, I am returning to Canada in March, in order to take on grandmother babysitting duties and then try to do more travelling around which will be exciting. Life is going to be busy, exciting, challenging and a most excellent adventure!

Thought for the day: Challenges arrive and they bring the chance to grow.

Word for the day: Excel

Quote of the day:

"Did you hear about the rose that grew from a crack in the concrete? Proving nature's laws wrong, it learned to walk without having feet. Funny, it seems to by keeping it's dreams; it learned to breathe fresh air. Long live the rose that grew from concrete when no one else even cared."

– Tupac Shakur, [The Rose That Grew from Concrete](#)

“One to grow on”: What are some of the challenges you have recently grown on and how has it had effect on your life?