

# Praying the Creed: I believe



I

believe

Every time I approach God I re-evaluate what I believe. Belief is not static, it is a deliberate choice made each time I commune with Him. In the words of the gospel writer:. "Yes, Lord, I believe but help me when I do not believe".(paraphrased)Mark 9:24

What do I believe today? I believe in the Lord of creation. I hear and feel the bitter wind and see the snow littering the earth. I huddle into the warmth of my coat and ensure my nose is covered by the scarf I wear, and rub life into my dead fingers and I believe that Spring, new life and Easter will run in the cycle of life.

I believe that today You will come and minister to me at the point where I am. Your commune with me will be perfect, not because of my faith but because of Your grace. You will be for

me today, this hour, this moment my nurture, my love, my life and my power.

I believe...

*Lord, source of all living things and provider of energy, thank you for this wonderful world. Guide me to feel your presence in all that I encounter today. May I be strengthened through challenges, delighted by simple pleasures and my spirit deepened by forgiveness. In these do I believe and trust, sustain me when my unbelief causes me to stumble and fall.*

Challenge: Let your belief manifest in all your actions today. Believe in yourself, in others and in the choices you make.

[I believe in God](#)